



Tackling mental ill health with prevention and intervention

2 November 2017

**ABI, One America Square, 17 Crosswall, London
EC3N 2L**

Mental ill health affects 1 in 4 people in the UK each year. For those affected, there are wide ranging ramifications, often affecting their physical health, their relationships with those closest to them, their financial resilience, and their work life.

The cost to the individual and their loved ones is incalculable; combined, at societal level, the cost to the economy is up to £100bn. As the scale and impact of mental ill health has become clearer and better understood, its prominence as a public policy issue has grown significantly.

In January 2017, the Prime Minister set out her vision to help individuals and families affected by mental ill health. As part of this, she announced a review led by Paul Farmer CBE, Chief Executive of Mind, and Lord Dennis Stevenson that will look specifically at supporting mental health in the workplace. Moreover, other government initiatives such as Improving Lives: The Work, Health and Disability Green Paper, also represent opportunities to improve outcomes for those suffering from mental ill health.

This event will look at how the impact of these initiatives can be maximised, how Government, charities, employers and all sectors of society can work together to deliver better outcomes in this space. A specific focus will be on the role that the insurance industry can play in helping individuals directly, as well as helping employers better protect their staff and their businesses.

This event will look at:

- Ways in which awareness can be improved and stigma removed
- The prevention strategies that individuals and employers can put in place to reduce the number of those affected by mental ill health
- The corporate strategies that can be adopted to ensure employers, whatever their size and sector, are able to help their staff when they are faced with this challenge
- The ways in which return to work rates can be improved and in which financial resilience of those who cannot return to work can be guaranteed
- The policy strategies that could help halve the disability employment gap

Speakers will include representatives from academia, think tanks, charities, employers and insurers.

08.30	Registration & Networking
09.00	Welcome
	Huw Evans, Director General, ABI
09.10	The scale and impact of Mental ill health
	Chair: Huw Evans, Director General, ABI <ul style="list-style-type: none"> • Dr Chris Ball, Consulting Medical Officer, GenRe Life Health • Rt Hon Norman Lamb MP • Dr John Mitchell, Principal Medical Officer, Scottish Government • Lord Stevenson of Coddenham CBE
09.55	LV= Case Study
	Andrea Fields, Rehabilitation Manager, LV=
10.15	Vitality Health – workplace wellbeing
	Dr Ali Hasan, Clinical Operations Director, Vitality Health
10.40	Tea & Coffee Break
11.10	Unum Case Study
	Saumya Barber, Rehabilitation and Health Services Manager, Unum
11.30	Mental health in the workplace
	Chair: Yvonne Braun, Director of Policy, Long-Term Savings and Protection, ABI <ul style="list-style-type: none"> • Professor Dame Carol Black, Expert Adviser on Health and Work, NHS England and Public Health England • Heather Buckeridge, Mental Health Clinical Nurse Consultant, Aviva UK • Laura Gardiner, Senior Research and Policy Analyst, Resolution Foundation
12.15	Introduction to the Minister
	Huw Evans, Director General, ABI
12.20	Ministerial speech
	Penny Mordaunt MP, Minister of State for Disabled People, Health & Work
12.40	Closing Remarks
	Yvonne Braun, Director of Policy, Long-Term Savings and Protection, ABI
12.45	Close